

The Flowerdale Flyer



Teamwork Makes the Dream Work!!!

Thank you to all of the businesses and organisations who are supporting the Flowerdale Youth Group this holidays!

Whether it is donations of foods for the children, sharing resources, giving time and expertise, or much needed financial support. All of these makes the Flowerdale Youth Group possible!

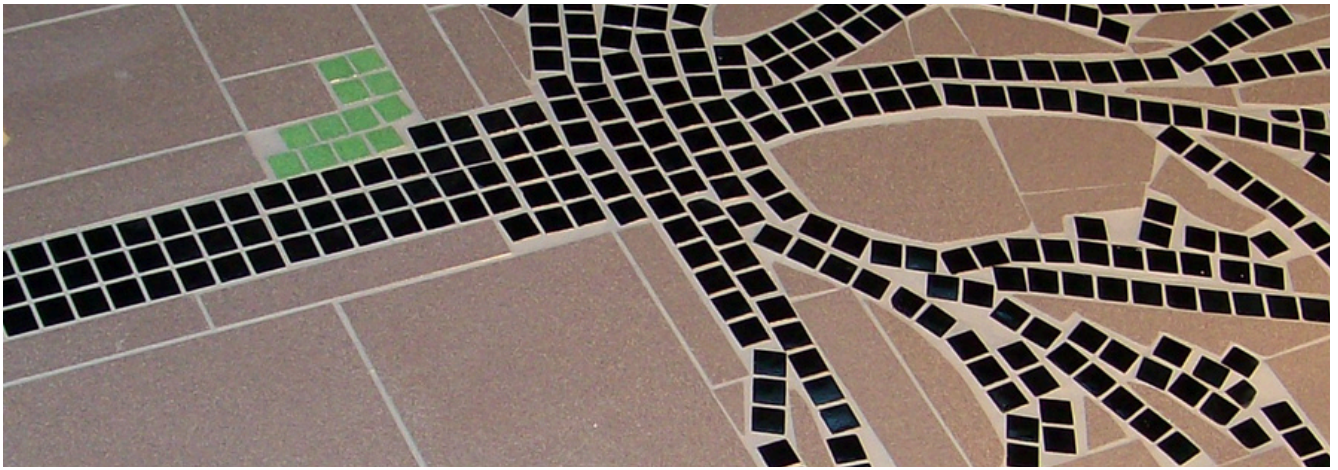
This is an unfunded program that runs every holidays and can only exist with the support of organizations, groups and businesses such as these. If you or anyone you know would be interested in supporting this program through donations, sponsorship or another way, please reach out to us at the house.

Please go out of your way to **support these amazing people** who's community spirit and care for our kids makes amazing things like this program possible!



**T
H
A
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S**
thank you very much





Flowerdale Community House

Building Friendships...

PO BOX: 2008 Hazeldene, 3658
36-42 Silver Creek Road Flowerdale
Phone: 5780 2664
Facebook: Flowerdale Community House
Website: flowerdalecommunityhouse.com.au
Email: admin@fchadmin.com.au

Office Hours

Tuesday - Thursday
9am-3.30pm

The Flowerdale Flyer is a social enterprise initiative of the Flowerdale Community House.

Our staff are fully trained in both First Aid 004 and Mental Health First Aid.

If you would like your article featured in The Flowerdale Flyer, please email your article to **admin@fchadmin.com.au**

Articles are due on the 20th of each month

Coordinator: Rebekah Grant
coordinator@fchadmin.com.au

Advertising Rates

Community group/ Not-for-profit Organisation Local (Glenburn/ Strath Creek/ Flowerdale Area) rates:

1/2 page: Free

In addition 1/2 page: \$30 increments
full page: \$50

Commercial Rates:

Full Page: \$100

1/2 Page: \$50

1/4: \$30

1/8 (business card): \$15

Not-for-profit organisation from non-local area: negotiable, contact Rebekah.

Guidelines

- All articles are subject to publisher and committee approval.
- Please submit in a Word document.
- Advertisement payment must be in process.
- Articles published are neither in favour or not in favour of politics
- All articles must be submitted by deadline.

Column

Did you know that there are a few different **financial assistance** programs through the state and federal government including:

\$650 Firewood Grant if you are a concession or pension card holder **call 1800 658 521.**

Utility Relief Grant up to \$650 off each bill including mains **Electricity**, mains **Gas** and mains **Water** for Health Care Card, concession card or pension card holders.

Non Mains Utility Concessions for Non-mains sources of energy: **liquefied petroleum gas (LPG), firewood for domestic heating, cooking or hot water, heating oil, electricity accessed via an embedded network**

generator fuel. for Pensioner Concession, Healthcare card, Veterans' Affairs Gold card holders.

The concession is paid annually based on the amount paid for each energy type in that year.

The rebate amounts for the 2023 calendar year are:

- **\$55 for spending from \$100 to \$318.99**
- **\$168 for spending from \$319 to \$957.99**
- **\$279 for spending from \$958 to \$1593.99**
- **\$398 for spending from \$1594 to \$2274.99**
- **\$509 for spending from \$2275 to \$2910.99**
- **\$619 for spending \$2911 and above.**

A separate rebate is paid for each energy type used.

The Energy Bill Relief Fund is a direct energy bill rebate provided by the Australian Government. This is coming soon and will be **directly paid to your energy company** in instalments up to **\$250 per eligible household.**

Existing concessions recipients

First instalment If you already receive a concession, your energy retailer will automatically apply the first instalment of \$125 to your account in August 2023; you do not need to provide any further information. You should receive this payment on your electricity bill from September 2023 onwards.

Second instalment A second and final instalment of \$125 will be applied to your account in February 2024. You should receive this payment on your electricity bill from March 2024 onwards.

For more information on this one and find out your eligibility go online to www.energy.vic.gov.au/households/help-paying-your-energy-bills/energy-bill-relief-fund

Also there is **lots of support for school aged children** including **FREE broadband, assistance** through 1800 954 610 (10am – 6pm AEDT Monday to Friday, excluding Victorian Public Holidays) assistance with **Optical, and uniforms and Ipads** through <https://stateschoolsrelief.org.au/programs/>

We hope this information comes in handy. Contact the house if you need any further information and Rebekah and Kelly will try to help you. 57802664.



FLOWERDALE COMMUNITY HOUSE INC

Forming friendships...

ABN 30 127 305 127

36-42 Silver Creek Road, Flowerdale 3717
PO Box 2008, Hazeldene 3658
Ph: 5780 2664 / 0493 637 096
www.flowerdalecommunityhouse.com.au

MEMBERSHIP APPLICATION FORM 2024 - 2025

Flowerdale Community House aims to serve the community by operating programs and services to foster community development and cohesiveness. By becoming a member, you are agreeing to support and help uphold our aim, and abide by our Model Rules, which is available upon request. Flowerdale Community House holds your personal information confidentially in accordance with our privacy policy.

Membership fee of \$10 falls due on 1st July of each financial year. Cash is accepted at the house, or you can transfer money to Flowerdale Community House Inc., BSB: 633 000, Account #: 157748799, and list your full name as the reference.

Name:

Address:

Phone/s:

Email:

Date of Birth:

Identity: Female Male Non-binary Other:

Do you have an ALLERGY or MEDICAL CONDITION you wish staff at the house to be aware of?

No

If yes, please list including treatment or medication, if relevant:

.....

Interests:

Please list the kinds of programs, activities, outings or anything else of interest:

.....

Volunteering:

The house relies on community support, could we please call on you to help with any of the following?

Bus driving (12 seater)

Cooking

Gardening

IT / computer support / data entry

General support e.g. unpacking Foodbank boxes, making Christmas hampers, tidying spaces

Permission:

I give permission for photos and/or video's that include me to be used in media publication and/or website

I wish to receive emails from Flowerdale Community House e.g. monthly flyer and program updates

Signature:

Date:

OFFICE USE ONLY

\$10 fee payment (circle) Bank transfer / Cash - receipt #: Details entered on master membership form Y / N

The below two Flowerdale Community House Committee Members, approve the above applicant for membership.

Print name:

Signature:

Date:

Print name:

Signature:

Date:





Why Become a Member you ask?

Membership helps pay for all of these.



Utilities



Stationary



Consumables



Computers and Maintenance



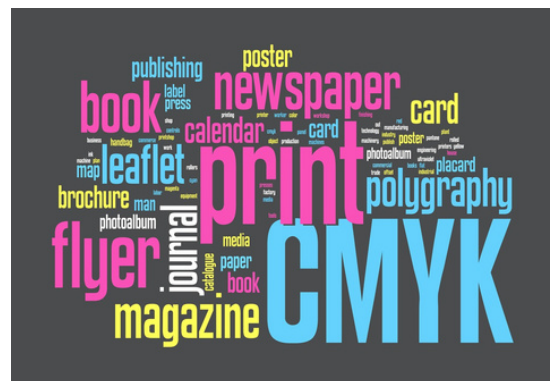
Insurances



WIFI



Cleaning Supplies



Printing and Advertising



Seniors Rights Victoria only has capacity to respond to calls from older people experiencing or at risk of elder abuse. If this is you, call us on [1300 368 821](tel:1300368821) and select option 1. If you are a concerned friend or family member, please encourage the older person to call us or [click here for access to information and resources](#). If your matter is an emergency, please call 000.

Need Help? ☎ 1300 368 821 10AM – 5PM Monday to Friday

A+ A-



National Relay Service 📶

Need a translator? 🌐

English

Financial abuse



[Home](#) » [Elder Abuse](#) » Financial abuse

Financial abuse happens when someone takes or misuses your money, assets or property without you agreeing.

Financial abuse is a type of elder abuse. It can happen to an older person with other types of abuse such as social abuse.

Financial abuse can often make an older person feel like they no longer have control over their finances or assets and increase anxiety and stress. It can happen to any older person. Financial abuse can range from minor incidents (such as borrowing small amounts of money and not repaying the loan) through to extreme incidents (misusing the Financial Enduring Power of Attorney).

Regardless, the impact can be significant for an older person and can impact on their lifestyle, leisure and the necessities of life, such as food and housing.

Frequently an older person might rely on family and relatives to assist them with their finances or assets. In these circumstances, an older person can be more vulnerable to abuse if they're not included in the decisions about their finances.

There are many ways that a perpetrator can be financially abusive to an older person:

- Uses the older person's money without their consent or knowledge
- Signs legal documents on behalf of an older person
- Threatens or punishes an older person if they don't give the perpetrator money
- Makes the older person think that they can't manage their own money
- Selling or disposing the older person's property without permission
- Shopping for an older person and not returning any change
- Not repaying loans
- Not contributing to household expenses
- Misusing financial powers under an [Enduring Power of Attorney](#)
- Taking advantage of the sharing of resources within families

All of these take control away from the older person.

SRV Tip Sheet: Care for Your Assets Online

This guide is helpful for people thinking about selling their home and giving the money to someone, moving in with a relative, or having a relative move in with them, transferring property to a close relative or friend, or giving or lending money to someone.

The guide will help you think through the possible personal and legal outcomes of any new arrangements before you make changes.

[Download the tip sheet here](#)

Financial Counselling

Financial counselling is a free, confidential and independent service. Financial counsellors provide information, support, advocacy and advice to people experiencing, or at risk of, financial hardship. The National Debt Helpline is a telephone financial counselling service open from 9.30am to 4.30pm, Monday to Friday. The financial counsellors at the National Debt Helpline can put you in contact with your local financial counselling service.

[National Debt Helpline](#)

[1800 007 007](tel:1800007007)

Seniors Rights Victoria only has capacity to respond to calls from older people experiencing or at risk of elder abuse. If this is you, call us on [1300 368 821](tel:1300368821) and select option 1. If you are a concerned friend or family member, please encourage the older person to call us or [click here for access to information and resources](#). If your matter is an emergency, please call 000.

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A+ A-



National Relay Service 📶

Need a translator? 🌐

English ▾

Psychological and emotional abuse

[Home](#) » [Elder Abuse](#) » Psychological and emotional abuse

Psychological abuse is a repeated pattern of behaviour by someone that causes mental pain or distress to an older person. Emotional abuse is similar and can cause hurt to an older person's feelings. Each impact negatively on a person's self-esteem and confidence.

Psychological abuse is one of the most prevalent types of abuse which occurs for older people who are being mistreated by family or relatives. The perpetrator of psychological elder abuse can cause anguish for the older person, through threats, manipulation, fear, humiliation and other cruel acts. Perpetrators often take advantage of an older person's vulnerability in ways that control and devalue the older person.

At times, the perpetrator will blame the older person for their own situation, such as unemployment, financial stress or the lack of social connections.

Often there are clear signs that other types of abuse are occurring, such as financial abuse. However, when an older person is being abused psychologically or emotionally, the signs might not be as apparent. This can make it difficult for the older person to talk about the impact of psychological and emotional abuse. Like any type of abuse, talking about it with a trusted person, such as another family member, or a service provider can assist to address the psychological and emotional abuse.

Psychological and emotional abuse can happen when the perpetrator:

- Makes threats to harm pets or people known by the older person
- Humiliates the older person
- Withdraws their affection or relationship when disagreement occurs
- Devalues the older person in front of other people
- Controls the older person's lifestyle, such as restricting who they can see
- Blames the older person when things go wrong

SITHFAB021 PROVIDE RESPONSIBLE SERVICE OF ALCOHOL

REGISTRATED TRAINING ORGANISATION
3730

ABOUT COURSE

In this course, you will learn how to legally serve alcohol in Victoria. If you want to work in a licensed venue, at a licensed event or apply for a liquor licence in Victoria, you'll need a Victorian Responsible Service of Alcohol (RSA) certificate.

This 6-hour course will give you all knowledge you'll need to achieve an RSA certificate from the Victorian Commission for Gambling & Liquor Regulation (VCGLR). This course will include content that is specific to Victorian liquor laws and is delivered in accordance with those guidelines outlined by the VCGLR. You will also learn about the major problems around excessive consumption of alcohol, underage drinking, drinking and driving, serving alcohol outside of legal hours, employer/employee responsibilities, the definition of standard drinks, customer responsibilities, intoxication and more.

WHEN YOU FINISH THIS COURSE

You will understand the legal requirements of serving alcohol in Victoria and upon successful completion of the assessment you will be issued with your

- Participant a Statement of Attainment for the unit of competence SITHFAB021
- Provide Responsible Service of Alcohol and the VCGLR RSA Certificate.

As of the 1st July 2021, the RSA course in Victoria now requires completion of the Nationally Recognised Unit of competence SITHFAB021 Provide Responsible Service of Alcohol.

PLEASE NOTE

Unique student number (USI) is required for enrolment. To obtain or check your USI number please visit www.usi.gov.au/students or call 1300 857 536 for assistance.



Date

2nd August 2024

Time

10:30am -4:30pm

Fee

\$140pp

Venue

Flowerdale
Community House

TO BOOK

Contact
Flowerdale
Community
House

5780 2664



KIDS CLUB



**Parent Run
Activities Each
Month for Kinder
and Primary
Aged Kids**

**1ST MONDAY OF THE
MONTH 4.30PM- 5.30PM**

**Flowerdale
House 36 Silver
Creek Rd
Flowerdale**

**Community
Creek Rd**

**For
Information
5780 2664**

**More
Call**

**DATES
3rd June
1st of July
5th of August
2nd Of September
7th of October
4th November**

Garden Workshop Calendar '24'

Choose your interest all come to all! Just \$10 per person. Expert knowledge at your fingertips with Kathleen Tants leading the class.

DATE SATURDAYS	TIME	SUBJECT MATTER	Hands on/ Theory/ Demonstration
23/3/24	11am-12.30 pm	Soil Preparation	Hands on
20/4/24	11am-12.30 pm	EXCURSION to plant Nursery	\$6 for bus Bring your lunch or money
27/4/24	11am-12.30 pm	Seasonal Planting	Hands on and Theory
11/5/24	11am-12.30 pm	Fertilizers- Feeding your garden	Theory and hands on
25/5/24	11am-12.30 pm	Pruning- Roses, Hedges	Theory
15/6/24	11am-12.30 pm	Fruit Tree Pruning and care	Theory / Demonstration
29/6/24	11am-12.30 pm	Potted Plant Care	Hands on and Theory
13/7/24	11am-12.30 pm	Deciduous Plants	Theory
27/7/24	11am-12.30 pm		Hands on
10/8/24	11am-12.30 pm	Planting for wildlife	Theory



36 SILVER CREEK RD FLOWERDALE 57802664





KIDS CLUB

Excursion

Time 5-10years



**Leaving 9.30am
from Community
House
Bring Lunch and
snacks and drink
bottle.**



Friday 5th July
We are headed to
Chipmunks Playland in South
Morang then to Mill Park
Library for Lunch.

Cost: \$16 per child

Book with Rebekah on
0431762256

All children will be seated in
car seats suitable for their age



The **Flowerdale Op Shop** is in need of more **volunteers** to keep it open and running smoothly.

If you can offer a couple hours a week or even a fortnight that would be amazing.

Can you do a 3 hour shift?

Please call the house if your interested in trying it out 57802664 or pop into the Op shop and **talk to Pauline or Kathy**



Connect News

Jeanette 0408172935

Craig 0488493418



Flowerdale Community House invites you to

CONNECT

1st Friday Night of the Month 7-9 pm

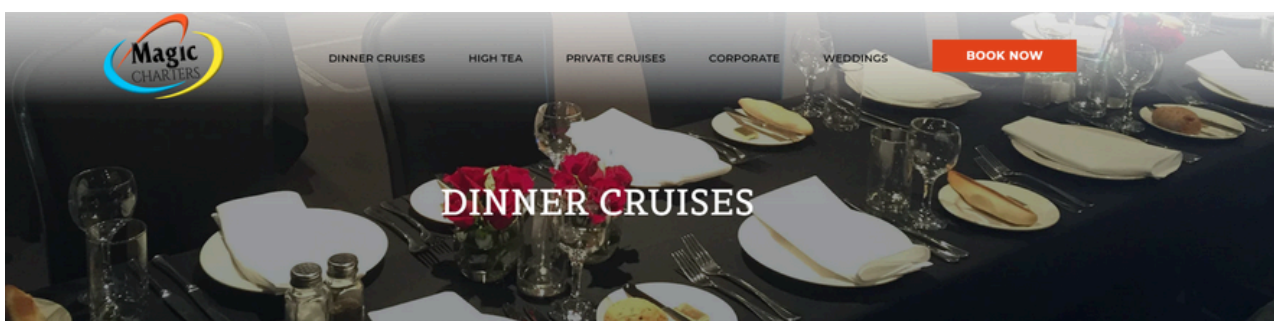
Connect is a monthly discussion/social and support group for adults 18+ who identify as LGBTIQ+. Light refreshments provided.

36-42 Silver Creek Rd Flowerdale. Please RSVP call Jeanette on 0408172935 or Flowerdale Community House on 57802664

Social Club News

Social Club are off to the city on the 10th of August to Celebrate Jan Newtons 80th Birthday!

They are having dinner and a cruise out on the bay with Magic Charters. tickets cost \$149 each and there are spaces currently on the community bus. If you wish to join them please contact the house on 5780 2664 after the 16th of July.



Flowerdale Landcare Group Update May/June 2024

This update was prepared for the May edition of the flyer – however, as there was no May Flyer, I have updated it to include activities that have been happening in May and June.

Flowerdale Landcare again started somewhat slowly in 2024 after the Christmas and New Year holidays. However once schools were back, we led and participated in both a brief flag raising on Australia Day at the Flowerdale Hall in January and again organized and led a ceremony for ANZAC day in April.

As the first major function of the year, on 17th February, we again coordinated with Strath Creek Landcare with enthusiastic volunteer observers out along the King Parrot Creek from Wallaby Springs down to Coonan's Reserve. The Flowerdale volunteers were out watching from 7:30 until 8:30pm and had 13 locations covered with about 22 watchers and saw one Platypus at the same location as last year just south of the confluence with Wallaby Creek. There were also 3 sightings of Rakali, 2 at Coonans Reserve and one at the Flowerdale gauging station just south of the Hazeldene Store. This is slightly more than last year but we had a few more locations covered. The flooding in 2022/23 has still impacted Platypus numbers, but several juvenile Platypus have been seen in several locations along the creek in the months after the survey, which is good news. Hopefully, they are on their way back!

Late last year, Flowerdale Landcare undertook a project on behalf of the Victorian Blackberry Task Force, with Mark Feltrin of Strath Creek being appointed to manage the project. You may have seen posters up around the district advertising the project and an open day was held at the Flowerdale Hall at which several of the techniques for Blackberry control were show-cased – including a large drone used for aerial spraying on inaccessible locations. One lady also can bring goats to a property that then eat the brambles. A number of people have taken advantage of the assistance from the Task Force particularly in educating the best ways to control blackberries. Whilst funding for this project has now finished, it is still possible to contact Mark for advice.

A highlight in April was the Comedy Show which was put on in aid of funding for the Murrindindi Ranges Wildlife Shelter run by Kate Turner. Landcare personnel assisted with setting up the hall and parking areas with traffic control on the night. The hall was fairly full, which was good to see, and a number of out-of-town people also came following our widespread advertising.

During April we continued with assisting local farmers with fox baiting and continue to represent Flowerdale on the Feral Animal Control committee. There appears to have been something of an explosion in juvenile fox numbers over the last year with large numbers of baits being taken on a few properties to the south of Flowerdale (up to 31 on one property alone) and also a number of young foxes also being shot on some private properties.

This is a worrying sign as we were getting on top of the feral animal population but it seems that you can't relax too soon. We have recently completed night camera surveys for native animals and feral animals (including cats) on several properties around Flowerdale. We will report the results soon when the camera chips have been scanned. However, early results indicated numerous foxes still on those properties, along with a range of cats, kangaroos, wallabies, wombats and possums. A highlight was a video of a Wallaby standing tall then chasing away a fox that didn't hang around to try to tangle with it. Foxes clearly are now much more prevalent – possibly due to the good rains in the last couple of years and increasing availability of food in general. I recently saw a fox at the Whittlesea wetlands that jumped to try to catch an Egret in broad sunlight in the early afternoon. Landcare also hosted a Round Table at the Flowerdale Hall with local organizations invited and

well represented, to discuss integrated management of the King Parrot Creek Catchment. The main objective was for a holistic approach by all stakeholders to improve time and cost effectiveness of all our various efforts and to find better more focused ways to operate. The Round Table was run by the president of Flowerdale Landcare Paul Michael and was led by Mark Feltrin who has recently been elected to the board of Landcare, so this was an initial effort to identify how things can be done better.

Last year we also applied and were granted funding for a number of small items that will assist in our efforts. This included a trailer mounted BBQ and a number of chairs that had its first outing at the Platypus survey. Several stalwart members also gave up a day for Clean up Australia and helped to remove a large amount of rubbish that is seems people are too lazy to take home or to a waste transfer station.

National Tree Planting day is almost upon us (28 July 2024) and Flowerdale Landcare is organizing to follow up on the tree planting done last year on fire affected farms and also to do a ceremonial tree planting at the primary school in the firewise garden where some garden maintenance was done last year. This will most likely be on 25 July 2024. Landcare is always looking for areas where locals want to improve properties by planting trees to manage soil erosion or to improve the landscape in general.

One final word. Landcare has a number of bits of useful equipment that members can use, including fencing gear and a trailer mounted spray set (with 300m long hoses) that can be hired with a supply of the spray solutions included at reasonable rates. We are hoping that new residents of Flowerdale and surrounding area will consider joining our group. Membership is extremely reasonable and there are many advantages to being members. We are looking for someone to host a planting session later in the year or early next year after the fire season. So if you have a degraded area on your property that needs some work, give us a call and maybe we can help. That's all for now.

Flowerdale Landcare - Ken Mival



Food For Flowerdale




As part of the **Flowerdale Community Planning process**, the Flowerdale community identified the availability of **fresh food as an important issue**. A working group was formed to look at how we address the issue, and we'd love to hear from you!

We've put together some questions in an online survey, and would really appreciate your responses. We've left plenty of space at the bottom of the form for you to let us know if there is something that we've missed.

This survey is anonymous, and no email addresses or identifying information will be collected, so please be as honest as you can in your answers!

You can find the online survey here - <https://forms.gle/DE3M1wLCZhkmXXNe7>

If you would prefer to fill in a **paper form**, you can find these at the **Flowerdale Community House**. Thank you for participating!

A photograph of two young children, a girl in a light green top and a boy in a grey shirt, standing at a white table in a playgroup. They are painting on easels. The room has large windows with a view of green trees. There are red and yellow paint containers on the table.

Join Playgroup at the house Wednesdays 10am -11.30.

FREE

Funded by Flowerdale Op Shop

Did you know that there is a **FREE** playgroup every Wednesday at the Flowerdale Community House? 10am -11.30 am.

Jess Newton runs and plans for this group and is a mum herself. This group offers free play and lots of messy play opportunities for you little ones (without all the clean up)

Come down in school term and make new friends and have a chat to other mums in your area.

Wake up to the risk of electrical fires this winter.

Residents are being advised to keep the safety and maintenance of their electrical equipment front of mind when it comes to appliances such as clothes dryers, electric blankets and recharging portable devices.

In 2022-23, Fire Rescue Victoria (FRV) and CFA responded to more than 5,137 structure fires across the state, which includes house fires.

“When a fire takes hold in a house, unit or apartment, it can swiftly spread and destroy your home in just a matter of minutes,” said FRV Deputy Commissioner Community Safety Joshua Fischer.

“Electrical fires are a common type of fire in the home. You can cut the risks by following a few simple steps and adopting commonsense habits that could make the difference between life and death.

“You should only use electrical equipment that meets Australian standards. Don’t overload power boards or cover them with flammable material. And don’t put electrical devices like laptops or hair straighteners on soft surfaces.”

DC Fischer said that people should turn off electrical devices at the power point, including electrical blankets and heaters before going to bed or leaving your home.

“Prevention is an essential part of fire safety for your home, so make a note on your to-do list. It really is worth taking a few minutes this winter to ensure you and your loved ones are protected against the risk of an electrical fire,” he said.

CFA Chief Officer Jason Heffernan said residents should check their appliances are in good working order with good air flow around them.

“No one thinks a house fire is going to happen to them, but last year CFA responded to 780 residential structure fires. More than 140 of those were caused by electrical equipment including appliances and air conditioning. Already this year there have been over 60 electrical fires in the home,” CO Heffernan said.

“Using damaged or faulty electrical equipment and appliances can result in a fire, so please, play it safe, and only use certified electrical tradespeople to repair faulty appliances.

“It’s also important to check your home office is set up safely, with no loose cables or double adaptors and switch off any appliances at the wall when they’re not being used.

“We recommend all households have working smoke alarms that are regularly inspected and tested, you can buy them for as little as \$20.”

Remember, for electrical appliances:

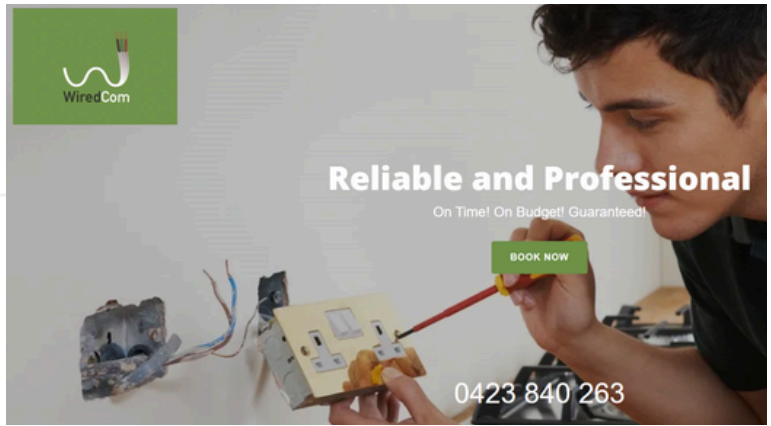
- Using damaged electrical equipment and appliances can result in a fire. Only use appliances in good working order.
- Turn off all electrical appliances at the power point when not in use and ensure your home office is set up safely.
- Don’t use double adaptors.
- Only use power boards according to manufacturers’ instructions, never overload or have loose cables, and check regularly for damage.
- Ensure monitors, laptops, televisions and other equipment have good air flow around them and are not in confined spaces or covered.
- Only use certified electrical trades people to repair damaged/faulty electrical appliances, wiring or equipment.
- Do not charge electrical devices like phones, power banks and laptops on soft surfaces such as couches and beds.
- If you are going away on holiday, make sure to turn off power to electrical appliances and let a neighbour know you are away.

Credit <https://news.cfa.vic.gov.au/news/wake-up-to-the-risk-of-electrical-fires-at-home-this-winter>

Salon will be closed from July 1 till July 30 for a winter break.
Text or call ☎️ 0415 235 082 for an appointment .



Boots 'n Bobs Brew 'n Bakes / Retail Bakery/Retail
3380 Whittlesea-Yea Road Flowerdale
"Little space with BIG Character" open
Thursday-Sunday. Thurs/Friday 7-3pm,
Sat/Sunday 8-4pm



PSA/05/23/045

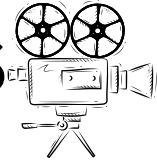
**Best Start
Best Life**

Four-Year-Old Kinder is becoming Pre-Prep.

In 2025, Pre-Prep will be available for 16–30 hours per week in Murrindindi Shire. Pre-Prep means more time to develop important social and emotional skills. Learning through play helps children explore, solve problems, communicate and create, while forming positive relationships and making friends – getting them ready for school and life. Enrol for 2025. Speak with your preferred kinder service or local council today about how to register for a place or to learn more visit vlc.gov.au/pre-prep



Film Society News



MOVING AUSTRALIAN DRAMA AT FILM SOCIETY

On **Friday 28th June** at the Yea Shire Chambers, Murrindindi Film Society will screen Paul Cox's 1991A Woman's Tale. Doors open at 6.45 p.m.

The film tells the touching story of Martha, a 78-year-old woman who lives with her memories and treasured possessions in a few rooms and defiantly guards her independence. She knows she does not have long to live, but doesn't complain and spends her days taking care of others like Billy, her senile neighbour, surrounded by his memories of the war and Miss Inchley, a sweet old lady as innocent as Martha is knowing.

Martha's son cares for her, but thinks his mother would be better off in a nursing home. Her nurse Anna however fights for Martha's independence .

Martha is bravely played by Sheila Florance, herself ill, in what was to be her last film. The fact that she was sharing her character's journey adds an added poignancy to an already moving story. The supporting cast includes Chris Heywood as Martha's son and Norman Kaye as the hapless Billy.

We hope as many members as possible can attend. First time guests and prospective members will be welcomed free of charge. **All enquiries to Jill Dwyer on 5797 2480 or jill.dwyer@bigpond.com.**



BE WELL IN THE RANGES

WELLBEING SUPPORT FOR KINGLAKE RANGES
COMMUNITIES AND SURROUNDING AREAS

FREE & CONFIDENTIAL | NO REFERRAL NECESSARY



To make a booking from January 9 2023 visit our website:

<https://kinglakeranges.com.au/be-well-in-the-ranges/>

For more information call The House on: 5786 1301 or 0482 847 764



24/7 MENTAL HEALTH SERVICES

Beyond Blue

1300 22 4636
beyondblue.org.au

Suicide Call Back Service

1300 659 467
suicidecallbackservice.org.au

Open Arms

1800 011 046
openarms.gov.au

Lifeline

13 11 14
lifeline.org.au

Mensline Australia

1300 789 978
mensline.org.au

Kids Helpline

1800 55 1800
kidshelpline.com.au

Yarning SafeNStrong

1800 959 563
vahs.org.au/yarning-safenstrong/



REFLECTING ON **COUNCIL'S PROGRESS**

Council is inviting the community to reflect on the progress made to date on our 2021-2025 Council Plan and actively inform the strategic direction for the next four years.

As part of this, Council has prepared a Progress Report, which highlights the key projects and activities we have delivered to support the five main themes in the current Council Plan. We want to know what you think of our progress, if we have focused our efforts in the right areas, and if there are additional or different priorities we should consider for the future.

You can share your thoughts by filling out an online feedback form, or by completing a paper form at our Library and Customer Service Centres in Alexandra, Yea and Kinglake. A copy of the Progress Report is also available to read at our Centres or online.

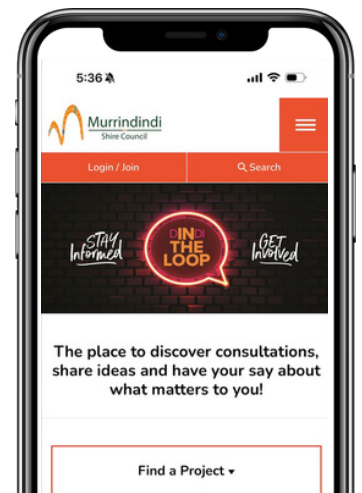
We also encourage you to register and come along to a “Warm Bowls, Hot Topics” sessions where Council officers will be facilitating discussions with community members and capturing feedback. You can enjoy a bowl of warm soup and exchange ideas at the following locations:

- Kinglake Community Centre: Monday 8 July, 6.30 - 8.30 pm
- Yea Council Chambers: Wednesday 10 July, 6.00 – 8.00 pm
- Marysville Community Centre: Thursday 11 July, 12 noon - 2.00 pm
- Alexandra Shire Hall: Monday 15 July, 6.00 – 8.00 pm

Council officers will also be at different community events across the Shire, so keep an eye out and drop in for a chat to learn more about the project.

For more information, visit theloop.murrindindi.vic.gov.au/ourprogress

By providing feedback by 21 July 2024, you'll go in the draw to win one of three \$100 FoodWorks Supermarket Vouchers.





Foundation Murrindindi

For a community-led future

“CONNECTING COMMUNITIES”

SMALL GRANTS PROGRAM

Foundation Murrindindi is pleased to announce that the **Connecting Communities Small Grant Program** is open from July 15, 2024.

Small Grants of up to \$500 are available to community organisations for community-led projects, activities, initiatives or events that reduce feelings of loneliness and isolation, increase social participation and inclusion, foster community connections and enhance a sense of belonging within the Shire of Murrindindi.

Information about the program is available at the Foundation Murrindindi website www.foundationmurrindindi.org.au

This grant program closes on August 11, 2024.

To discuss your project or to find out more about this grant program, please contact Foundation Murrindindi Executive Officer, Robyn Hill at robyn@foundationmurrindindi.org.au or by telephone on 0488 007 688.

Our vision is to build thriving, vibrant and connected communities within the Shire of Murrindindi.

PRESS RELEASE – Community Connect grant round

“Foundation Murrindindi connects communities”

Foundation Murrindindi opens its Connecting Communities small grant round on 15 July.

“We have five key impact areas, and this grant round focuses on Community Health and Wellbeing” said Foundation Murrindindi’s Executive Officer, Robyn Hill.

Foundation Murrindindi recognizes the vital role that strong social networks play in building vibrant, resilient communities and is committed to supporting efforts that encourage collaboration, interaction, and mutual support.

Community groups based in Murrindindi Shire are invited to apply for small grants of up to \$500 to support community led initiatives, activities, projects or events that build connection, reduce feelings of loneliness and isolation, increase social participation and inclusion, and enhance a sense of belonging.

“This is our fourth Connecting Communities grant round,” Robyn said. “We have been thrilled with the success of previous grant rounds which has funded some great projects including Glenburn community gatherings, Fawcett Community Wood fire Pizza Night, barefoot bowls in Flowerdale, and Buxton Family Fun Nights. We have funded a broad range of projects and events right across Shire that have brought people together to build social capital and strengthen our communities”.

This small grant round supports the Foundation Murrindindi vision for thriving, vibrant and connected communities within the Shire of Murrindindi. Applications close 11 August, 2024.

For more information, contact Robyn Hill, Executive Officer on 0488 007 688 or robyn@foundationmurrindindi.org.au

Information about the grant round can be found at www.foundationmurrindindi.org.au



Members of Flowerdale Sports Club receiving their funds for Flowerdale Barefoot Bowls nights

Crossword #1

Across

- 1. Peter I, for one
- 5. Border plant
- 10. Call to a mate
- 14. Altar locale
- 15. Gibson garnish
- 16. Ice cream treat
- 17. Quarterback's option
- 18. Girder material
- 19. Comedienne
Imogene
- 20. "Halt!"
- 21. Verse of four
measures
- 23. Show fear
- 25. Dead letters?
- 26. Kind of cord
- 28. Chill out
- 33. Unrefined
- 34. Energize (with "up")
- 35. Block

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20					21					22				
		23		24					25					
26	27						28	29				30	31	32
33						34						35		
36					37						38			
39				40						41				
42			43						44					
			45						46					
47	48	49					50	51				52		53 54
55					56						57			
58					59						60			
61					62						63			

- 36. Hourly charge
- 37. Stake
- 38. Look after
- 39. Chowd down
- 40. Neglected boy
- 41. Abstain
- 42. From the age of
chivalry
- 44. Plow's trail
- 45. "Gosh!"
- 46. Heart line
- 47. Smelly pranks
- 52. Desire
- 55. Fashion designer
Chanel
- 56. Circa
- 57. Showy flower

- 58. Unpleasant
emanation
 - 59. Hangman's knot
 - 60. Air show stunt
 - 61. Strengthen, with
"up"
 - 62. Dissuade
 - 63. Kitty starter
- Down**
- 1. Last call?
 - 2. Cross words
 - 3. Kind of press
 - 4. Answer
 - 5. Inexpensive lodging
 - 6. Script direction
 - 7. South Beach, for one
 - 8. Suffix with theater

- 9. Darkroom apparatus
- 10. Click the OK button
- 11. Knee-slapper
- 12. Enough, for some
- 13. Academic period
- 22. Personal air
- 24. Is no longer
- 26. "Beat it!"
- 27. Go on and on
- 28. Watch
- 29. Square
- 30. Mental lapse
- 31. Ballroom dance
- 32. Fund
- 34. Buddhist leader
- 37. Range of
frequencies
- 38. Tex-Mex staple
- 40. Nerdy one
- 41. PETA peeve
- 43. Slight, in a way
- 44. Encourage
- 46. Bullying, e.g.
- 47. Kilt wearer
- 48. Type of list
- 49. Desktop feature
- 50. Double-reed
instrument
- 51. Kind of court
- 53. Congeal
- 54. Hoopla

Calendar 2024

Mondays

Tennis Coaching: Spring Valley
Reserve

Tuesdays

Quilters: 10.00am, Flowerdale
Community House

Tennis Mixed Doubles: 7pm, Spring Valley
Rec. Reserve

Wednesdays

Men's Shed: open 9am-4pm, Spring Valley
Rec Reserve

**Bus Errands Depart 9:15am - from FCH to
Seymour**

Facilitated Playgroup: 10am, Flowerdale
Community House

Chatty Cafe 12-2 pm Flowerdale
Community House

Social Tennis 6pm to 8.30pm Spring Valley
Rec Reserve

Thursdays

Community Lunch: 10:30am-2pm,
Flowerdale Community House

Happy Hour 7pm Flowerdale Hotel

Fridays

Op Shop 10.30am-4pm Next To Hall

Yoga with Kerry Wailes 10-11.30 at the
Community House

Saturdays

Op Shop Open: 10.30am-4pm, Next to the
Hall

Junior Tennis Development: 10am Spring
Valley Rec Reserve

Garden Workshops 11am-12:30pm Feb - June

Sundays

Op Shop Open: 10:30am-4pm, next to the Hall
Tennis Coaching: Spring Valley Rec Reserve

Monthly

- **1st Friday of the Month- CONNECT
7pm-9pm**
- **Lawn Bowls, 3pm-6pm every 3rd
Sunday at Spring Valley Rec
Reserve**
- **1st Sunday CFA Training & Meeting
11am**
- **3rd Sunday CFA Training**
- **1st Sunday Music 2pm Flowerdale
Hotel**
- **1st & 3rd Sunday Tennis Coaching**
- **2nd Tuesday Flowerdale Womens
Group meeting 3:30pm**
- **1st Saturday UFO Quilters Day
10am**
- **3rd Sunday Flowerdale Community
Market 10am-2pm (Not between
May-August)**

CHECK OUT THE

website

FOR MORE DETAILS

<https://www.flowerdalecommunityhouse.com.au>